## My Burden Is Light

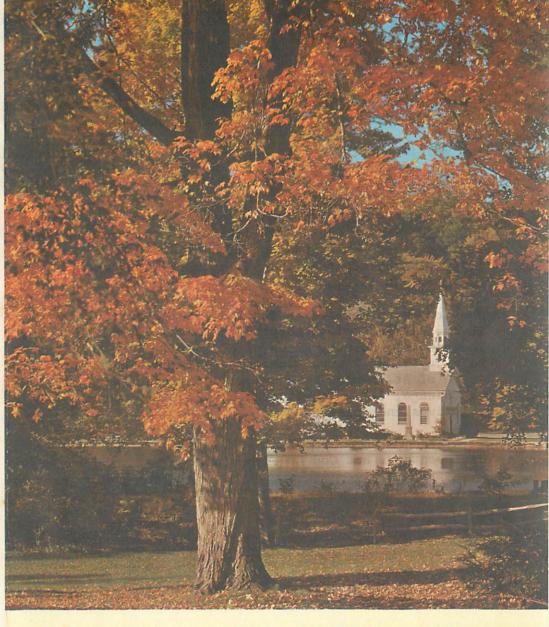
A COUNSELLOR was trying to help a woman who was having difficulty in coping with life. During the first interview he asked a number of questions, hoping to get some clue as to what was troubling her. However, while obviously distressed, she seemed unable to put her problem into words. Finally she raised her hand in a gesture of helplessness and said, "Oh, I don't know. The world is a terrible place—it's so full of reality!".

The world is indeed full of reality. And much of it is of the kind that we would just as soon not have to face, if we had our "druthers." Yet trouble and sorrow are the lot of all men, in one way or another. How then, is it that some people are serene, even joyous under the same conditions that cause others to break down? Christians know the answer:

There is no way to gain harmony on earth—and the king-dom of heaven—other than by doing the will of God. To do this consistently in our daily life is to learn, step by step the burdenless character of *true* life. The more we know of the will of God, the less we employ our thoughts in self-willed human planning—and the more we see of *spiritual* reality.

Those who have practiced the principle of obedience to the will and laws of God; who can say "Thy Will Be Done"—and mean it—find that earthly problems have no power to defeat them. They understand what Jesus meant when he said:

"Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." (Matt. 11: 29, 30)



The tree of the field is man's life.

Deuteronomy 20:19

## OBITUARY

MARY GREEN BOWLES, was born April 20, 1921 in Brownsville, Tennessee to the late Emma and Hardin Green.

She married Julius Bowles in 1940. They came to Cleveland, Ohio in 1942. She was employed by F. W. Woolworth Company for 23 years.

She joined Greater Friendship Baptist Church in 1961, under the leadership of the late Rev. C. T. Nelson. She was a devoted member of the Mother's Board until her illness. She departed this life at 12 noon friday November 9th 1973.

She leaves to morn her a devoted husband Julius, a son Thomas Hardin Bowles, adopted daughters Juline and Lela. Two sisters, Dorothy Green of Cleveland, Ohio and Emma Dale Taylor of Flint, Michigan. A sister-in-law Viola Green of St. Louis, Missouri, and one aunt Sarah Lagston of Chicago, Illinois, 11 grandchildren and a host of relatives and friends.

We Loved her, but God Loved her best.

Humbly Submitted
The
Family

## PROGRAM

Organ Prelude

Processional Sung by Sarah Moore "Lord don't Move the Mountain"

Solo

Sarah Moore

"Precious Lord"

Remarks

Rev. A. Bonds

Acknowledgments

Solo

Elouise Smith

"Yield Not To Temptation"

Eulogy

Rev. Howard

Recessional

"Home Going"